

NEW

SPORTS CONDITIONING CLASS

Wednesday: 6:00PM — 6:30PM

ADULTS

MEMBER \$5 per class
NON-MEMBER \$10.00 per class

THIS CLASS WILL WORK ON SKILLS TO ENHANCE YOUR ATHLETIC PERFORMANCE.

WE WILL WORK ON SPEED, AGILITY AND STRENGTH TO
PERFORM BETTER IN YOUR SPORT



215-536-7600

www.thetenniszone.us